

Minutes of the Meeting

Event: CME on Nursing Empowerment in Angioedema Management and Patient Education Programme on Hereditary Angioedema

Organizer: The Hereditary Angioedema Society of India (HAESI)

Date: May 18, 2024

Venue: Auditorium, National Institute of Nursing Education, PGIMER, Chandigarh

Attendees:

Nurses: Over 170 from the National Institute of Nursing Education, PGIMER, and other nursing colleges in Chandigarh

Patients: Over 30 from various regions including Chandigarh, Jammu, Punjab, Delhi, Haryana, and Himachal Pradesh

Introduction

Speakers:

Prof. Surjit Singh

Prof. Sunil Dogra

Dr. Sukhpal Kaur

Dr. Ankur Jindal

Key Points:

Emphasis on the importance of the CME.

Highlighted the achievement of involving nursing care in the management of HAE.

Noted this as the first CME in India providing training for self-administration of injections to patients and caregivers of HAE patients.

First Session

Presenters: Fellows in Pediatric Clinical Immunology and Rheumatology, Allergy Immunology Unit, Department of Pediatrics, PGIMER

Topics Covered:

Clinical manifestations, diagnosis, and management of hereditary angioedema.

Discussion:

Active participation from nurses and patients.

Delegates asked several questions, which were clarified by the faculty.

Second Session

Presenters: Fellows in Pediatric Clinical Immunology and Rheumatology, Allergy Immunology Unit, Department of Pediatrics, PGIMER

Topics Covered:

Clinical manifestations, diagnosis, and management of mast cell mediator mediated angioedema, Urticaria, and anaphylaxis.

Discussion:

Active participation from nurses and patients.

Delegates asked several questions, which were clarified by the faculty.

Guest Faculty

Speaker: Ms. Rosalind Fisher, Specialist Nurse Practitioner in Immunology and Allergy, Department of Clinical Immunology, Oxford University Hospitals NHS Foundation Trust, Oxford, UK.

Topic: 'Angioedema Management in a Nurse-led UK Clinic'

Discussion:

Active engagement from delegates.

Mentioned the necessity of a nurse-led clinic for angioedema in India.

Hands-on Workshop

Conducted by: Ms. Rosalind Fisher and Ms. Ruchi Saka

Activity:

Live demonstration of techniques for self-administration of intravenous injections at home.

Hands-on training provided to patients with HAE for self-administration of intravenous injections.

Conclusion

Vote of Thanks: Delivered by Ms. Ruchi Saka, the organizing secretary.

The CME successfully concluded, marking a significant step towards empowering nurses in angioedema management and enhancing patient education and self-care practicesMinutes of the meeting